

Award Winning

Finalist

William Faulkner-William
Wisdom International
Creative Writing Competition,
2019 Nonfiction Book



Each page, each poem, each painting is a prayer – often rising from loss and anguish – but never apart from a profound trust embracing the searching love of God. I was moved and challenged.

—**Gordon Light**,
Retired bishop, Anglican Church of Canada



A beautiful story rising out of a beautiful life. I read it with joy.

—**John Shelby Spong**,
Bishop Emeritus of the
Episcopal Diocese of Newark
Author of 30 books, with over a
million sold



This masterpiece is a poignant, deeply personal guidebook...a treasure-trove of inspiration, good advice, and it is a refreshing testimony to the power of God, who brings light and life to the depths of human suffering.

—**Peggy A. Johnson**,
Bishop of the Philadelphia Area of
The United Methodist Church



I found *Sleep, Pray, Heal* to be a profound dispatch from the spiritual frontier. Donna has written an account of spiritual depths that is deeply moving and instructive for us all. I do not know when I have encountered personal experience so faithfully and winningly interpreted through biblical and theological reflection and artistic expression.

—**Neal F. Fisher**,
President Emeritus, Garrett-Evangelical
Theological Seminary in Evanston, Illinois



I must admit that as a non-religious person, *Sleep, Pray, Heal* is not a book I would have reached for in a bookstore. I am so glad that I read this joyful book. It is inspirational to anyone housed within a body.

— **Kelly Whitney**,
Private Investigator



That Donna Fado Ivery survived a tragic, life-changing accident is miraculous, that she is so powerfully using both the words as a writer and colors as a painter to truly inspire is a miracle. Read her miracle—and yours.

—**Cornell William Brooks**,
Professor, Harvard Kennedy
School, and 18th President and
CEO, NAACP



Exquisite! Donna Fado Ivery ... offers the great gift of herself and her spiritual journey, evoking quiet tears and big smiles in this reader. ... It is a very human and spiritual gift—a treasure.

—**Mary Elizabeth Moore**,
Dean and Professor, Boston University
School of Theology



Sleep, Pray, Heal is a beautifully and powerfully written book, where the Rev. Fado Ivery unfolds for us her theological thinking on so many issues of life, including sexism, racism, interracial marriage, suffering and pain, and faith in God. What a gift she has given us!

—**Kah-Jin Jeffrey Kuan**,
President and Professor of Hebrew Bible
Claremont School of Theology



I will definitely make an order for my Sunday School class.

You will be inspired by her true and beautiful story of triumph and unconditional love as she made her way out of the pit and was healed, and you will want to share her story.

—**Lynette Renee Grandison, M.D.**
Stanislaus Medical Society President 2018–
2019



Sleep Pray Heal ... is a testament to the power of prayer, the invincibility of the human spirit and the mysterious energy of belief.

—**Mike Farrell**,
Actor and Author, (Best known as BJ
Hunnicutt of M*A*S*H)



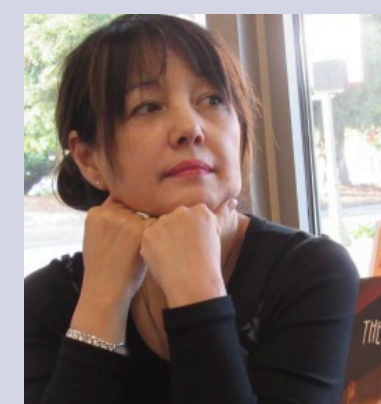
I strongly encourage professionals in healing fields, pastors, and leaders of healing ministries to use and share *Sleep, Pray, Heal* with those who are seeking wholeness and well-being for themselves and those who are striving to help them.

—**Dr. Jen Tellier**,
Neuropsychologist, Alameda, CA



The author's memoir is vivid and her grasp of spiritual sources shines light through the darkness. Her creative use of art in the quest for healing is unique and impressive.

—**J. Philip Wogaman**,
Former Pastor of President Clinton and Former
Dean of Wesley Seminary, Washington D.C.



Sleep, Pray, Heal is a modern sermon on faith — a beautifully articulated, joy-based sermon, full of ups and downs — imbued with an uplifting sense of the miraculous.

—**Linda Watanabe McFerrin**,
Author of *Navigating the Divide*,
Namako, and *The Hand of Buddha*,